



Dr. Ian Mudge

Organizational psychologist and founder of Pastor Well-Being

The son of pastors who served for more than 40 years, including as missionaries in South Africa, Ian has spent the last decade helping denominations find and fix the root causes of pastor burnout and turnover. He holds a PhD in Industrial-Organizational Psychology, and his research with more than 1,000 pastors shapes his work with pastors and denominational leaders. He has spoken at conferences internationally, from gatherings of local pastors to day-long workshops for denominational leaders.

"By far the best speaker we have had in more than 10 years of planning conferences."

A denominational leader, after a three-day leadership conference

SIGNATURE SERIES **Spiritual Responsibility**

Taking control of what we can, and trusting God with the rest.

1. To ourselves

Worth, shame and receiving God's love

2. To those we serve

Helping without rescuing

3. In leadership

Ownership and the fear of failure

4. In action

Emotions, burnout and lasting change

FOR PASTORS AND MINISTRY TEAMS

Control What You Can, Trust God With the Rest
Keynote. Anxiety, control and healthy boundaries.

Breaking the Righteous Cycle

Keynote. Why pastors hide, and how shame loses its grip.

Out of the Drama Triangle

Workshop. Healthier roles in ministry relationships.

Burnout Is an Expectations Problem

Workshop. Closing the gap between expectation and reality.

FOR DENOMINATIONAL LEADERS

Stabilization Is Not Improvement

Keynote or cabinet briefing. What to measure when the crisis fades.

Leading Like Moses

Workshop. Ownership, innovation and the fear of failure.

Healthy People, Healthy Systems

Half-day or full-day workshop. Leading culture change with your pastors' data.

FORMATS

Keynotes, workshops, retreats and conference tracks. In person or virtual.

PLANNING

Available internationally. Booking about two months ahead allows time to tailor each session.

CONTACT

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